



London Chelmsford

PREMIUM • 2 WEEKS

Week 1 Days 1–7

MEALS Breakfast 07:30 • Lunch 12:30 • Dinner 18:00

LESSONS 15 hours per week

	Morning 09:15–12:30	Afternoon 14:00–17:30	Evening 20:00–22:00
Day 1 Arrival	Arrival Packed lunch	Check-in and campus tour	Welcome night
Day 2	London ☐ London Eye ☐ River Thames cruise		Welcome presentation
Day 3	English lessons	Activities and sports	Activities
Day 4	Cambridge ☐ Punting on the River Cam		Activities
Day 5	English lessons	English lessons	Activities
Day 6	London		Activities
Day 7	English lessons	English lessons	Activities

☒ Excursion ☐ English lessons ☐ Campus activities ☐ Evening programme ☐ Optional

☒ Entry ticket included

All excursions include a walking tour and are escorted by PLUS staff. Full-day excursions include a packed lunch. The meal cycle starts with lunch on arrival day and ends with breakfast on departure day.

Week 2 Days 8–15

MEALS Breakfast 07:30 • Lunch 12:30 • Dinner 18:00

LESSONS 15 hours per week

	Morning 09:15–12:30	Afternoon 14:00–17:30	Evening 20:00–22:00
Day 8	OPTIONAL Add-on Or self-care morning and activities on campus		Activities
Day 9	London ☞ Madame Tussauds		Activities
Day 10	English lessons	Activities and sports	Activities
Day 11	Canterbury		Activities
Day 12	English lessons	English lessons	Activities
Day 13	London		Activities
Day 14	English lessons	English lessons	Disco
Day 15 Departure	Check-out and departure Breakfast		

■ Excursion
■ English lessons
■ Campus activities
□ Evening programme
□ Optional

☞ Entry ticket included

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