London Epsom

ESSENTIAL · 2 WEEKS

Week 1 Days 1–7

MEALS Breakfast 08:00 · Lunch 12:45 · Dinner 18:45
LESSONS 15 hours per week

	Morning 09:00–12:15	Afternoon 14:00–17:30	Evening 20:00–22:00
Day 1 Arrival	**Arrival** Packed lunch	Check-in and campus tour	Welcome night
Day 2	English lessons	English lessons	Welcome presentation
Day 3	**London** LON07b The London Eye · Big Ben · Westminster Abbey · St James's Park · Buckingham Palace · Leicester Square · Chinatown · Covent Garden		Activities
Day 4	English lessons	Activities and sports	Activities
Day 5	**London** British Museum LON01a The British Museum · Outernet London · Shopping at Oxford Street		Activities
Day 6	FLEXIBLE DAY **Oxford excursion** Available at an extra cost		Activities
Day 7	English lessons	English lessons	Activities

Excursion · English lessons · Activities · Optional · Flexible day · Entry ticket included

Walking tour ID and stops

All excursions include a walking tour and are escorted by PLUS staff. Full-day excursions include a packed lunch. The meal cycle starts with lunch on arrival day and ends with breakfast on departure day.

London Epsom

ESSENTIAL · 2 WEEKS

Week 2 Days 8–15

MEALS Breakfast 08:00 · Lunch 12:45 · Dinner 18:45
LESSONS 15 hours per week

	Morning 09:00–12:15	Afternoon 14:00–17:30	Evening 20:00–22:00
Day 8	OPTIONAL **Add-on** Or self-care morning and activities on campus		Activities
Day 9	English lessons	English lessons	Activities
Day 10	**London** LON04a The Natural History Museum · The Royal Albert Hall · The Albert Memorial · The Princess Diana Memorial Fountain · Kensington Palace · Shopping at Westfield London		Activities
Day 11	English lessons	Activities and sports	Activities
Day 12	**London** National Gallery LON05d Trafalgar Square · The National Gallery · The Tower of London · Tower Bridge · St Dunstan in the East · London Bridge · Shopping at Borough Market		Activities
Day 13	FLEXIBLE DAY **Cambridge excursion** Available at an extra cost		Activities
Day 14	English lessons	English lessons	Activities
Day 15 Departure	**Check-out and departure** Breakfast		

Excursion · English lessons · Activities · Optional · Flexible day · Entry ticket included

Walking tour ID and stops

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