

SUMMER SCHOOL ● ● ● ●

WEEK 1

MENU

MONDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Roast chicken leg / Vegetable moussaka, pasta amatriciana / carbonara, steamed broccoli, steamed rice, chocolate brownie

Dinner

Minestrone, spaghetti meatballs / veg balls, sautéed courgettes, sautéed potatoes, double chocolate cookie

TUESDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Chili con carne / bean con carne, pasta Napoli / bolognese, mixed vegetables, patatas bravas, ice cream

Dinner

Leek & potato soup, pizza pepperoni / margherita, BBQ beans, onion rings, banana cake with chocolate chips

WEDNESDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

New Yorker hot dog / vegan hot dog, pasta puttanesca, sautéed cauliflower, curly fries, strawberry roly poly

Dinner

Onion soup, jacket potato with baked beans / tuna, corn on the cob, garden peas, white chocolate cookie

THURSDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Chicken schnitzel / veg schnitzel, pasta amatriciana / carbonara, corn on the cob, potato mash, doughnuts

Dinner

Mushroom soup, beef lasagna / vegetable lasagna, roast carrots with harissa & lemon, garlic bread, ice cream

FRIDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Fish / veg cottage pie, pasta Napoli / bolognese, garden peas, crispy potato wedges, cookies

Dinner

Tomato soup, beef burgers / veg burgers, onion rings, potato wedges, mini jam doughnut

SATURDAY

Breakfast

5-item cooked breakfast, cereal bar, pastries, yogurt, fresh fruit, tea & coffee

Lunch –

Dinner

Butternut squash soup, chicken tenders / veg tenders, spinach & vegetable saag, curly fries, churros

SUNDAY

Breakfast

5-item cooked breakfast, cereal bar, pastries, yogurt, fresh fruit, tea & coffee

Lunch –

Dinner

Carrot & coriander soup, sausage & gravy / veg sausage & gravy, sweetcorn, potato mash, summer fruit trifle

DAILY FRESH SALAD BAR

Leafy salad, tomato & cucumber salad, grated carrot, sweetcorn, coleslaw, served with olive oil, balsamic vinegar and dressings

MENU

MONDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Beef lasagna, vegetable lasagna, garden peas, garlic bread, carrot cake

Dinner

Tomato soup, roast chicken leg / vegetable moussaka, sauté cabbage, crushed new potatoes, sultana halva

TUESDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

New Yorker hot dog, vegan hot dog, corn on the cob, curly fries, apricot roly poly

Dinner

Carrot & coriander soup, chili con carne / bean con carne, sweet chilli broccoli, steamed rice, tarte au lait

WEDNESDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Spaghetti meatballs, spaghetti veg balls, Boston beans, sautéed potatoes, churros with chocolate sauce

Dinner

Mushroom soup, beef burgers / VG burgers, Boston beans, crispy potato wedges, white chocolate cookie

THURSDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Chicken burgers, VG burgers, green beans, curly fries, glazed doughnuts

Dinner

Vegetable soup, chicken & chorizo paella / vegetable frittata, courgettes, garden peas, ice cream

FRIDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Fish, VG cottage pie, garden peas, potato wedges, white chocolate cookies

Dinner

Spiced butternut soup, pizza pepperoni / pizza margherita, onion rings, patatas bravas, fruit trifle

SATURDAY

Breakfast

5-item cooked breakfast, cereal bar, pastries, yogurt, fresh fruit, tea & coffee

Lunch –

Dinner

Freshly made leek & potato soup, sausage & gravy / VG sausage gravy, green beans, potato mash, rizogalo

SUNDAY

Breakfast

5-item cooked breakfast, cereal bar, pastries, yogurt, fresh fruit, tea & coffee

Lunch –

Dinner

Carrot & coriander soup, chicken tenders / VG tenders, sauté courgettes, fries, lemon cake

DAILY FRESH SALAD BAR

Leafy salad, tomato & cucumber salad, grated carrot, sweetcorn, coleslaw, served with olive oil, balsamic vinegar and dressings