

SUMMER SCHOOL

WEEK 1

MENU

MONDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, juice, tea & coffee

Lunch

Roast chicken leg / Vegetable moussaka
Steamed broccoli/ Steamed rice
Chocolate brownie

Dinner

Minestrone soup
Spaghetti meatballs / Chickpea, sweet potato and spinach curry
Sautéed courgettes / sautéed potatoes
Fruit trifle

TUESDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, juice, tea & coffee

Lunch

Chilli con carne / Puy Lentil & Vegetable Casserole
Mixed veggies rice / patatas bravas
Ice cream

Dinner

Leek & potato soup
Pizza pepperoni / Pizza Margherita
BBQ beans / Onion rings
Banana cake with chocolate chips

WEDNESDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, juice tea & coffee

Lunch

Jacket potato with Tuna / baked beans
Sautéed cauliflower / curly fries
Strawberry roly poly

Dinner

Onion soup,
New Yorker hot dog / Veg sausage pasta bake
Corn on the cob / garden peas
White chocolate cookie

DAILY FRESH SALAD BAR

Leafy Salad, Tomato & Cucumber Salad, Grated Carrot, Sweetcorn and Coleslaw. Served with Olive oil, Balsamic vinegar and dressings and a Protein/Pulse of the day.

A composite salad will be provided daily.

THURSDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, juice, tea & coffee

Lunch

Chicken schnitzel / Cheese and onion slice,
Corn on the cob / potato mash
Doughnuts

Dinner

Mushroom soup
Beef lasagna / vegetable lasagna
Roast carrots with harissa & lemon
Garlic bread
Ice cream

FRIDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, juice, tea & coffee

Lunch

Traditional Fish / VG cottage pie
Garden peas / chips
Cookies

Dinner

Tomato soup
Sausage, mash & gravy / VG Katsu tenders
Onion rings / Potato wedges
Mini jam doughnut

SATURDAY

Breakfast

5-item cooked breakfast, cereal bar, pastries, yogurt, fresh fruit, juice, tea & coffee

Dinner

Butternut squash soup
Chicken Katsu tenders / Vegan Hot Dog
Spinach & vegetable saag / Curly fries,
Churros

SUNDAY

Breakfast

5-item cooked breakfast, cereal bar, pastries, yogurt, fresh fruit, juice, tea & coffee

Dinner

Carrot & coriander soup
Beef burgers / Spicy bean burger
Sweetcorn / potato mash
Summer fruit trifle

DAILY PASTA BAR

Regular or Gluten free pasta served with our fresh sauces of the day.

*Menu can change due to availability of products

MENU

MONDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, juice, tea & coffee

Lunch

Beef lasagna / VG sausage gravy
Garden peas / Garlic bread
Carrot cake

Dinner

Tomato soup
Roast chicken leg / vegetable moussaka
Sauté cabbage / Crushed new potatoes with spring onion
Sultana halva

TUESDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

New Yorker hot dog / Mediterranean roast vegetable quiche
Corn on the cob / Curly fries
Apricot roly poly

Dinner

Carrot & coriander soup
Mild chilli con carne / Puy Lentil & Vegetable Casserole
Sweet chilli broccoli / Steamed rice
Tarte au lait

WEDNESDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Spaghetti meatballs / Spaghetti veg balls
Boston beans / Sautéed potatoes
Churros with chocolate sauce

Dinner

Mushroom soup
Beef burgers / Vegetarian Sausage Pasta Bake
Sweetcorn / crispy potato wedges
White chocolate cookie

DAILY FRESH SALAD BAR

Leafy Salad, Tomato & Cucumber Salad, Grated Carrot, Sweetcorn and Coleslaw. Served with Olive oil, Balsamic vinegar and dressings and a Protein/Pulse of the day.

A composite salad will be provided daily.

THURSDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Chicken burgers / Quorn cheese burger
Green beans / curly fries
Glazed doughnuts

Dinner

Vegetable soup
Chicken & chorizo paella / vegetable frittata
Courgettes / Garden peas
Ice cream

FRIDAY

Breakfast

Cereal bar, pastries (croissant & pain au chocolat), mixed yogurt, continental breakfast, fresh fruit, tea & coffee

Lunch

Fish / VG cottage pie
Garden peas / Chips
White chocolate cookies

Dinner

Spiced butternut soup
Sausage & gravy / Chickpea, sweet potato and spinach mild curry
Onion rings / Patatas bravas
Fruit trifle

SATURDAY

Breakfast

5-item cooked breakfast, cereal bar, pastries, yogurt, fresh fruit, tea & coffee

Dinner

Leek & potato soup
Pizza pepperoni / pizza margherita
Green beans / potato mash
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SUNDAY

Breakfast

5-item cooked breakfast, cereal bar, pastries, yogurt, fresh fruit, tea & coffee

Dinner

Carrot & coriander soup
Chicken Katsu tenders / Cheese and onion slice, Sauté courgettes / Fries
Lemon cake

DAILY PASTA BAR

Regular or Gluten free pasta served with our fresh sauces of the day.

*Menu can change due to availability of products