

# Stirling Two-week Suggested Premium Programme 2019 - Slot 1

		Arrivals									
DATE		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7			
DAY		Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday			
START	FINISH	Arrivals  <i>Campus Orientation Tour</i>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast			
7.45AM	8.30AM		Lesson	Full Day Excursion to Glasgow  <i>By private coach, escorted by PLUS staff. Packed Lunch provided</i>	Full Day Excursion to Edinburgh <i>(Entry ticket to Edinburgh Castle included)</i>  <i>By private coach, escorted by PLUS staff. Packed Lunch provided</i>	Lesson	Lesson	Lesson			
9:00AM	11.00AM		Break			Lesson	Lesson	Lesson			
11.00AM	11.15AM		Lesson			Lunch	Lunch	Lunch			
11.15AM	1.00PM		Lunch			Free Time	Free Time	Free Time			
1.00PM	1.45PM		Sports Activities			Sports Activities	Sports Activities	Half Day Excursion to Stirling <i>By public transport, escorted by PLUS staff</i>			
1.45PM	2.00 PM		Dinner			Dinner	Dinner	Dinner			
2.00PM	5.00PM		Free Time & Shower			Free Time & Shower	Free Time & Shower	Free Time & Shower	Free Time & Shower	Free Time & Shower	
6:30 PM	7:30 PM		Welcome Night Carousel Conversations			Newspaper Fashion Show	Movie Night	International Night	Disco	Team Challenge	Bingo Night
7.00PM	8.30 PM										
8.30 PM	10.30 PM										

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								Departures	
DATE		Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	Day 15
DAY		Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
START	FINISH	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00AM	11.00AM	Lesson	Lesson	<b>Full Day Excursion St Andrews &amp; Glamis Castle (Entry ticket to Glamis Castle included)</b>  <i>By private coach, escorted by PLUS staff. Packed Lunch provided</i>	<b>Full Day Excursion to Edinburgh</b>  <i>By private coach, escorted by PLUS staff. Packed Lunch provided</i>	Lesson	Lesson	Social Games	Departures
11.00AM	11.15AM	Break	Break			Break	Break		
11.15AM	1.00PM	Lesson	Lesson			Lesson	Lesson		
1.00PM	1.45PM	Lunch	Lunch			Lunch	Lunch		
1.45PM	2.00 PM	Free Time	Free Time			Free Time	Free Time		
2.00PM	5.00PM	Sports Activities	Sports Activities			Sports Activities	Sports Activities		
6:30 PM	7:30 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
7.00PM	8.30 PM	Free Time & Shower	Free Time & Shower	Free Time & Shower	Free Time & Shower	Free Time & Shower	PLUS Has Got Talent Preparation	Free Time & Shower	
8.30 PM	10.30 PM	Quiz Night	PLUS Factor (Karaoke)	Story Telling	Movie Night	Disco	PLUS Has Got Talent	Scottish Quiz	

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