



# PROVISIONAL ACTIVITY PROGRAMME

## LOUGHBOROUGH

PREMIUM + WEEKEND AWAY | 2 WEEKS

2026

WEEK 1	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:45 - 08:45	Arrival Check-In London	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 - 12:15		London including London Eye and River Cruise  Packed Lunch	Transfer to Loughborough campus via Stratford- upon-Avon  Packed Lunch	Lessons	Lessons	Loughborough	Cambridge  Packed Lunch
12:30 - 13:30				Lunch	Lunch	Lunch	
14:00 - 15:30				Activities	Lessons	Activities	
15:30 - 17:30				Sports		Sports	
18:30 - 19:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:00 - 22:00	Free Time	Free Time	Welcome Night	Activities	Activities	Activities	Disco

Please note that this is a *Provisional Activity Programme*. Further details will be available on our website at [www.plus-ed.com](http://www.plus-ed.com).



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WEEK 2	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
07:45 – 08:45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast/PB
09:00 – 12:15	Lessons	Lessons	Lessons	Lessons	Lessons	Manchester including National Football Museum	Loughborough	Check-Out
12:30 – 13:30	Lunch	Lunch	Lunch	Lunch	Lunch		Lunch	
14:00 – 15:30	Self-Care Afternoon	Activities	Lessons	Activities	Lessons		Activities	
15:30 – 17:30	Sports	Sports		Sports			Sports	
18:30 – 19:30	Dinner	Dinner		Dinner		Dinner	Dinner	
20:00 – 22:00	Activities	Activities	Activities	Activities	Activities	Activities	Disco	