



PROVISIONAL ACTIVITY PROGRAMME

STIRLING

PREMIUM | 2 WEEKS

2026

WEEK 1	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
07:45 - 09:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:15 - 12:30		Lessons	Lessons	Lessons	Lessons	St Andrews and Dundee	Edinburgh including Edinburgh Castle
12:45 - 14:00	Packed Lunch	Lunch	Lunch	Lunch	Lunch		
14:00 - 15:30	Check-In Campus Tour	Lessons	Activities	Stirling	Activities	Packed Lunch	Packed Lunch
15:30 - 17:30			Sports		Sports		
18:30 - 19:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:00 - 22:00	Welcome Night	Welcome Presentation	Activities	Disco	Activities	Activities	Activities

Please note that this is a *Provisional Activity Programme*. Further details will be available on our website at www.plus-ed.com.



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WEEK 2	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
07:45 - 09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast/PB
09:15 - 12:30	Optional excursion to Edinburgh with packed lunch or Activities and sports on campus with lunch	Lessons	Lessons	Lessons	Lessons	Loch Lomond including Loch Lomond Cruise Packed Lunch	Glasgow Packed Lunch	Check-Out
12:45 - 14:00		Lunch	Lunch	Lunch	Lunch			
14:00 - 15:30		Lessons	Alva Glen	Activities	Activities			
15:30 - 17:30				Sports	Sports			
18:30 - 19:30		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00 - 22:00	Activities	Activities	Activities	Disco	Activities	Activities	Activities	