



PROVISIONAL ACTIVITY PROGRAMME

LOUGHBOROUGH

ESSENTIAL | 2 WEEKS

2026

WEEK 1	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
07:45 – 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 – 12:15		Lessons	Lessons	Loughborough	Flexible Day Packed Lunch	Activities	Lessons
12:30 – 13:30	Packed Lunch	Lunch	Lunch	Lunch		Lunch	Lunch
14:00 – 15:30	Check-In	Activities	Lessons	Activities		Activities	Lessons
15:30 – 17:30	Campus Tour	Sports				Sports	
18:30 – 19:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:00 – 22:00	Welcome Night	Welcome Presentation	Activities	Activities	Activities	Activities	Disco

Please note that this is a *Provisional Activity Programme*. Further details will be available on our website at www.plus-ed.com.



WEEK 2	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
07:45 – 08:45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast/PB
09:00 – 12:15	Lessons	Flexible Day Packed Lunch	Lessons	Optional excursion to Alton Towers Theme Park with packed lunch or Activities and sports on campus with lunch	Flexible Day Packed Lunch	Lessons	Lessons	Check-Out
12:30 – 13:30	Lunch		Lunch			Lunch	Lunch	
14:00 – 15:30	Activities		Lessons	Loughborough		Activities		
15:30 – 17:30	Sports					Sports		
18:30 – 19:30	Dinner		Dinner	Dinner		Dinner	Dinner	
20:00 – 22:00	Activities	Activities	Activities	Activities	Activities	Activities	Disco	