


Week 1 Days 1–7

MEALS Breakfast 07:30 • Lunch 12:30 • Dinner 18:00

LESSONS 15 hours per week

	Morning 09:00–12:15	Afternoon 14:00–17:30	Evening 20:00–22:00
Day 1 Arrival	London		Free time
Day 2 Weekend away	London ☞ London Eye ☞ River Thames cruise		Free time
Day 3 Transfer to Bath	Stonehenge ☞ Stonehenge	Check-in and campus tour	Welcome night
Day 4	English lessons	Bath	Welcome presentation
Day 5	English lessons	Activities and sports	Activities
Day 6	Oxford		Activities
Day 7	English lessons	English lessons	Activities

☒ Excursion
 ☐ English lessons
 ☐ Campus activities
 ☐ Evening programme
 ☐ Optional

☞ Entry ticket included

All excursions include a walking tour and are escorted by PLUS staff. Full-day excursions include a packed lunch. The meal cycle starts with lunch on arrival day and ends with breakfast on departure day.

Week 2

Days 8–15

MEALS Breakfast 07:30 · Lunch 12:30 · Dinner 18:00

LESSONS 15 hours per week

	Morning 09:00–12:15	Afternoon 14:00–17:30	Evening 20:00–22:00
Day 8	English lessons	Activities and sports	Activities
Day 9	Self-care morning	Bath	Activities
Day 10	Bristol		Activities
Day 11	English lessons	Activities and sports	Activities
Day 12	English lessons	English lessons	Activities
Day 13	English lessons	Activities and sports	Activities
Day 14	English lessons	Bath Roman Baths	Disco
Day 15 Departure	Check-out and departure Breakfast		

☒ Excursion
 ☐ English lessons
 ☐ Campus activities
 ☐ Evening programme
 ☐ Optional

☒ Entry ticket included

All excursions include a walking tour and are escorted by PLUS staff. Full-day excursions include a packed lunch. The meal cycle starts with lunch on arrival day and ends with breakfast on departure day.