

Academy Sessions



Football

About Our Football Academy Sessions

Our football coaches have expertise across all areas of the game; tactical, technical and overall player development. Strengths and weaknesses are identified and focussed on to bring out skills and ability in every player. Sessions are planned by our team of highly qualified UEFA coaches who group players according to ability, to ensure that players are always challenged within their sessions.

All practice sessions focus on the principles of play, sportsmanship and helping teams build confidence and identity - all whilst having as much fun as possible of course! We look at using the 4 corner model- Technical/Tactical, Physical, Social and Psychological to develop the players. We look at tactical lines using vertical spaces, aerial spaces & horizontal spaces - with the objective of trying to get players/team to develop a strategic plan to ensure tactile use of spaces.

During the planning of sessions, we use drills and game based coaching to ensure that we look at areas where possession in possessions & out of possessions with defensive transitions moving into attack transitioning from Defence.

Classic/Premium Plus Academy

The Academy package also includes full board onsite or host family accommodation, expert tuition and at least 2 full days excursion per week. Also included are a full and varied onsite social and sports activities programme during the day as well as an action-packed evening social program all fully organized and supervised by our energetic PLUS staff.

1 Coach every 15 players

Group Min Size 20 players

2 Hours per day x 5 Sessions = 10 Hours (over 2 weeks)

Price per player £ 72.00

Please note: Academy add on options must be confirmed at least five weeks prior to group's arrival.