

WHAT TO BRING

Summer Camp Essentials

- **Clothing for warm weather:** Pack comfortable and breathable clothes suitable for warm and sunny weather, including short- and long-sleeved shirts, shorts, and a light jacket or jumper for the cooler evenings.
- **Comfortable shoes:** Good and supportive shoes are essential for various activities and sightseeing walking tours.
- **Swimwear and beach apparel:** You will be spending two full days at the beach and ample time at the school's pool. To make the most out of these times, remember to pack a bathing suit/swimming trunks, a pair of rubber slippers or flip-flops, and your favourite beach towel.
- **Sun protection:** Protect your skin from the sun's rays with a high SPF sunscreen. An additional cap or hat option for added sun protection is a must-have, especially during extended outdoor activities and excursions.
- **Sports clothing and footwear:** Pack suitable attire for any sports or physical activities planned during the camp. This may include athletic shorts, moisture-wicking T-shirts, and comfortable sports shoes.
- **Casual backpack:** A small backpack can be handy for day trips or carrying personal items around camp.
- **Toiletries and towels:** Pack a basic toiletry kit with essentials like towels, toothbrush, toothpaste, shampoo, and any personal items.
- **Medication:** If you take any prescription medication, ensure an ample supply for the duration of the camp.
- **Flashlight:** One of the evening activities is night orientation, where a small flashlight (or your phone) will come in handy.
- **Mosquito repellent:** Mosquito activity is high in this region of Spain, so be sure to bring an effective repellent spray to ward off these insects.

When going on an excursion, always ensure your **phone is charged** and can make and receive calls, and that you have a small amount of **local currency** with you.