

|               | Day 1         | Day 2                | Day 3       | Day 4                         | Day 5       | Day 6       | Day 7             |
|---------------|---------------|----------------------|-------------|-------------------------------|-------------|-------------|-------------------|
| 07:30 - 08:45 | Arrivals      | Breakfast            | Breakfast   | Breakfast                     | Breakfast   | Breakfast   | Breakfast         |
| 09:00 - 12:15 |               | CB Sessions          | CB Sessions | <b>Oxford</b><br>Packed Lunch | CB Sessions | CB Sessions | Self-Care Morning |
| 12:30 - 13:30 | Packed lunch  | Lunch                | Lunch       |                               | Lunch       | Lunch       | Lunch             |
| 14:00 - 15:30 | Check-in      | Bath                 | Activities  |                               | CB Sessions | Activities  | Bath              |
| 15:30 - 17:30 | Campus tour   |                      | Sports      |                               |             | Sports      |                   |
| 18:00 - 19:00 | Dinner        | Dinner               | Dinner      | Dinner                        | Dinner      | Dinner      |                   |
| 20:00 - 22:00 | Welcome Night | Welcome Presentation | Activities  | Activities                    | Disco       | Activities  | Activities        |



Please note that this is a Provisional Activity Programme. Further details will be available on our website at [www.plus-ed.com](http://www.plus-ed.com).  
For a detailed overview of the course content and the programme schedule, please refer to the Course Fact Sheet available on the Career Bridge pages.

|               | Day 1                              | Day 2       | Day 3       | Day 4       | Day 5       | Day 6      | Day 7  |
|---------------|------------------------------------|-------------|-------------|-------------|-------------|------------|--|
| 07:30 - 08:45 | Breakfast                          | Breakfast   | Breakfast   | Breakfast   | Breakfast   | Breakfast  | Breakfast  |
| 09:00 - 12:15 | <b>Bristol</b><br><br>Packed Lunch | CB Sessions | CB Sessions | CB Sessions | CB Sessions | Activities | <b>Salisbury &amp;<br/>Bournemouth</b><br><br>Packed Lunch |
| 12:30 - 13:30 |                                    | Lunch       | Lunch       | Lunch       | Lunch       | Lunch      |  |
| 14:00 - 15:30 |                                    | Activities  | CB Sessions | Activities  | Bath        | Activities |  |
| 15:30 - 17:30 |                                    | Sports      |             | Sports      |             | Sports     |  |
| 18:00 - 19:00 |                                    | Dinner      | Dinner      | Dinner      | Dinner      | Dinner     |  |
| 20:00 - 22:00 | Activities                         | Activities  | Activities  | Activities  | Disco       | Activities | Activities   |



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