

SUGGESTED MENU



Menu Cycle Week 2

LUNCH	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Fruit Squash	Fruit Squash	Fruit Squash	Fruit Squash	Fruit Squash		
Meat option	Margarita Pizza Italian sausage in Tomato sauce & Pasta	Lemon Chicken Beef meatballs with tagliatelle	Chicken Casserole Deep fried Scampi	Spicy Chicken steak in a soft Bap Pork Meatballs	Breaded Pork escalope's Fish Fingers & Lemon	Packed lunches	Packed lunches
Meat Free option	Pizza	Vegetable tagliatelle	Veg nuggets	Quorn Meatballs	Vegetable Ciabatta Roll		
Potatoes	Chips	Spicy Wedges	Spiral Fries	French Fries	Roast New Pots		
Vegetables	Peas	Mixed Vegetables	Broccoli	Peas Pasta	Whole Green Beans		
Dessert	Wrapped cakes	Wrapped cakes	Wrapped cakes	Wrapped cakes	Wrapped cakes		
DINNER	Soup	Soup	Soup	Soup	Soup	Soup	Soup
Main Course 1	Hot Dogs & onions	Chicken Carbonara	Beef Cannelloni	Lamb steaks	Oven Baked Salmon	Beef Bolognaise	Pizza
Main Course 2	Chicken Pepperonata & Pasta	Breaded Turkey escalope's	Neapolitan Pork Steaks	Italian Sausage with Pasta	Chicken Bites & Salsa	Breaded Chicken Fillet	Spicy Pork Pasta
Meat free option	Macaroni Cheese	Bean ragout	Pasta Carbonara	Pasta & Mushroom Bake	Country bakes & Salsa	Quorn Bolognaise	Stuffed Peppers
Potatoes	Curly Fries	Diced Potatoes	Pomme Noisettes	Sauté Potatoes	Diced Potatoes	Roast Potatoes Pasta	New Potatoes
Vegetables	Whole Beans Cabbage	Root Vegetables Sweetcorn	Green Beans Cabbage	Broccoli Sliced Green Beans	Baton Carrots Sweetcorn & Peas	Green Beans Mix Veg	Carrots Fried Leeks
Hot Dessert	Lemon drizzle	Choc sponge	Danish Pastry	Fruit Pie	Apple Crumble		
Cold Dessert	Chefs Choice	Chefs choice	Chefs choice	Chefs Choice	Chefs choice	Chefs choice	Chefs choice