

Menu

Week 2 Monday

Breakfast

- Croissant
- Pain au Chocolate
- Corn Flakes
- Coco pops
- Fruit Salad
- Sliced Cheese
- Sliced Meats
- Plain Yoghurt
- Toast
- Butter
- Chocolate spread
- Jam
- Tea
- Coffee
- Hot Chocolate
- Squash

Lunch

- Mains**
 - Lemon Chicken
or
 - Creamy Vegetable Kiev
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Croquette Potato
 - Rice
 - Steamed Greens
- Sweet**
 - Fresh Fruit or Yoghurt

Dinner

- Soup**
 - Carrot & Coriander
- Mains**
 - Pasta Bolognese Bake
or
 - Vegetable Quiche
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Chips
 - Broccoli
 - Pasta
- Sweet**
 - Ice Cream Tub or Fresh Fruit

Menu

Week 2 Tuesday

Breakfast

- Croissant
- Pain au Chocolate
- Corn Flakes
- Coco pops
- Fruit Salad
- Sliced Cheese
- Sliced Meats
- Plain Yoghurt
- Toast
- Butter
- Chocolate spread
- Jam
- Tea
- Coffee
- Hot Chocolate
- Squash

Lunch

- Mains**
 - Turkey Meatballs in Sauce or
 - Vegetarian Pizza
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Herb Dice Potatoes
 - Pasta
 - Green Beans
- Sweet**
 - Fresh Fruit or Yoghurt

Dinner

- Soup**
 - Scotch Broth
- Mains**
 - Sweet Potato & Aubergine Tagine or
 - Baked Fish Cake
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Potato Wedges
 - Sweetcorn & Peas
 - Rice
- Sweet**
 - Doughnuts or Fresh Fruit

Menu

Week 2 Wednesday

Breakfast

- Croissant
- Pain au Chocolate
- Corn Flakes
- Coco pops
- Fruit Salad
- Sliced Cheese
- Sliced Meats
- Plain Yoghurt
- Toast
- Butter
- Chocolate spread
- Jam
- Tea
- Coffee
- Hot Chocolate
- Squash

Lunch

- Mains**
 - Grilled Beefburger in a Bun
or
 - Quorn HotDog & Caramelised Onions
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Rice
 - Lattice Potatoes
 - Carrots
- Sweet**
 - Fresh Fruit or Yoghurt

Dinner

- Soup**
 - Cream of Tomato
- Mains**
 - BBQ Chicken
or
 - Spinach & Ricotta Ravioli in a Tomato Sauce
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Sauté Potato
 - Pasta
 - Cauliflower
- Sweet**
 - Cornetto Or Fresh Fruit

Menu

Week 2 Thursday

Breakfast

- Croissant
- Pain au Chocolate
- Corn Flakes
- Coco pops
- Fruit Salad
- Sliced Cheese
- Sliced Meats
- Plain Yoghurt
- Toast
- Butter
- Chocolate spread
- Jam
- Tea
- Coffee
- Hot Chocolate
- Squash

Lunch

- Mains**
 - Pork Chop Italiano
or
 - Spicy Bean Burger in a Bun
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Skinny Fries
 - Pasta
 - Mixed Vegetables
- Sweet**
 - Fresh Fruit or Yoghurt

Dinner

- Soup**
 - Yellow Split Pea
- Mains**
 - Chicken Fajitas
or
 - Lightly Spiced Quorn Pieces
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Curly fries
 - Steamed Greens
 - Rice
- Sweet**
 - Strawberry Gateau or Fresh Fruit

Menu

Week 2 Friday

Breakfast

- Croissant
- Pain au Chocolate
- Corn Flakes
- Coco pops
- Fruit Salad
- Sliced Cheese
- Sliced Meats
- Plain Yoghurt
- Toast
- Butter
- Chocolate spread
- Jam
- Tea
- Coffee
- Hot Chocolate
- Squash

Lunch

- Mains**
 - Breaded Haddock
or
 - Macaroni Cheese
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Rice
 - Chips
 - Garden Peas
- Sweet**
 - Fresh Fruit or Yoghurt

Dinner

- Soup**
 - Minestrone
- Mains**
 - Quorn Meatballs in Tomato Sauce
or
 - Pepperoni Pizza
- Sides**
 - Salad Bar (Lettuce, Tomatoes, Cucumber & Grated Carrot)
 - Herb diced potato
 - Pasta
 - Broccoli
- Sweet**
 - Ice-Cream Tub or Fresh Fruit

Menu

Week 2 Saturday

Breakfast

- Pork Sausage or
- Veggie Sausage
- Scrambled Egg
- Baked Beans
- Bacon
- Hash Brown
- Corn Flakes
- Coco pops
- Tea
- Coffee
- Hot Chocolate
- Squash
- Toast
- Jam
- Butter
- Chocolate spread

Lunch

- Packed Lunch

Dinner

- Soup** • Broccoli & Cauliflower
- Mains** • Chicken Skewers with Sweet Chilli Dressing
or
• Stuffed Butternut Squash
- Sides** • Lattice Potato
• Mini Corn on the Cob
• Rice
- Sweet** • Toffee and Cream
Cheesecake or Fresh Fruit

Menu

Week 2 Sunday

Breakfast

- Pork Sausage
- or Veggie Sausage
- Scrambled Egg
- Baked Beans
- Bacon
- Hash Brown
- Corn Flakes
- Coco pops
- Tea
- Coffee
- Hot Chocolate
- Squash
- Toast
- Jam
- Butter
- Chocolate spread

Lunch

- Packed Lunch

Dinner

- Soup**
 - Chunky Vegetable
- Mains**
 - Roasted Turkey with Gravy
or
 - Cheese & Tomato Omelette
- Sides**
 - Roast potato
 - Parsnip & Carrot
 - Pasta
- Sweet**
 - Chocolate Fudge Cake Or Fresh Fruit