Lunch week 1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Starter	Selection of 3 salads						
Hot1	chorizo meatballs	grilled bacon chop	sausage meatball creamy mushroom sauce	pepperoni pizza	mixed grill (sausage, beans, hash browns, grilled tomato)		
chicken	breaded chicken fillet	roasted mediterranean chicken fillet	cheese & herb crusted chicken bake	chicken goujons garlic mayo	chicken & chorizo bake		
Vegetarian	baked vegetable & cheese friatta	harissa stewed chick peas	Puy lentil ragu	margherita pizza	vegetable bolognaise		
Vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable		
Starch	selection of 2 from chips, potato, rice, pasta						

Dinner week 1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Starter	Selection of 3 salads						
Hot1	fusilli with bacon lardons tomato & cream	Gourmet Hot Dogs with sides	battered cod	Italian style meatballs	beef burger 1/4 pound in warm bun	seafood & leek pasta bake	breaded haddock
chicken	chicken parmesan	roasted lemon & rosemary chicken	chicken bites	shredded chicken with pesto & penne	kish fish cake lemon & tartar sauce	southern fried chicken fillet	roasted chicken fillet tomato & garlic
Vegetarian	cauliflower macaroni	vegetable stroganoff	grilled vegetable & butter bean casserole	ratatouille	three bean ragu	vegetable curry	vegetable chilli
Vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable
Starch	selection of 2 from chips, potato, rice, pasta						
Dessert	selection						

lunch week 2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Starter	Selection of 3						
	salads	salads	salads	salads	salads		
Main 1	Bolognese	pork meatballs marinara	pepperoni pizza	bacon chop	mixed grill (sausage, beans, hash browns, grilled tomato)		
chicken	roasted mediterranean chicken fillet	breaded chicken fillet	chicken goujons	roasted spiced Cajun chicken fillet	steamed chicken in cream mushroom Sc		
Vegetarian	roasted vegetable Arabiatta	penne with creamy 4 cheese	margherita pizza	rigatoni with tomato & basil	potato gnocchi with roasted red pepper & tarragon		
Vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable		
Starch	selection of 2 from chips, potato,rice,pasta						

Dinner week 2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Selection of 3						
Starter	salads						
	panfried pork	battered cod	grilled beef	Gourmet Hot	Italian style	breaded haddock	pasta bolo bake
	chop		burger 1/4 pound	Dogs with sides	meatballs		
			burger in warm				
Hot1			bun				
	chicken	roasted lemon &	chicken	shredded	southern fried	roasted chicken	chicken bites
	parmesan	rosemary	Arabiatta bake	chicken with	chicken fillet	fillets gravy	
		chicken		pesto & penne			
chicken				bake			
	cauliflower	vegetable	grilled vegetable	ratatouille	three bean ragu	vegetable curry	vegetable chilli
	macaroni	stroganoff	& butter bean				
Vegetarian			stew				
Vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable	fresh vegetable
	selection of 2						
	from chips,						
Starch	potato,rice,pasta						
Dessert	selection						