

# SAMPLE MENU

## Breakfast

Beverages: Tea/coffee milk and fruit juice

Cereals: A choice of at least cereals

Cold Items: Prepared grapefruit, sliced melon & prunes

Breads: A selection of rolls, fresh bread, croissants, toast,

Cooked Items: Butter & preserves; a choice of a least five of the following: Fried eggs, scrambled eggs, grilled sausages, bacon, tomato, baked beans and potato (sauté or hash browns)

## Lunch & Dinner

Lunch and dinner will include 3 courses (starter, main course, and dessert) and will comprise of:

- A soup or fruit cocktail,
- A choice of 2 hot dishes, potato, rice or pasta, selection of two vegetables. OR A cold counter offering 2 cold meats, 2 types of cheese, a selection of composite salads and four salad items such as lettuce, tomato, cucumber etc.
- A choice of: - Hot pudding OR cold dessert OR fresh fruit.

Beverages will comprise of tea/coffee, water and fruit juice.

A variety of additional soft drinks may be purchased at the counter.