

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1 & 2	Freshly Baked	Freshly Baked	Freshly Baked	Freshly Baked	Freshly Baked	Freshly Baked	Freshly Baked
	Breakfast Pastry	Breakfast Pastry	Breakfast Pastry	Breakfast Pastry	Breakfast Pastry	Breakfast Pastry	Breakfast Pastry
	Mini Muffins	Mini Muffins	Mini Muffins	Mini Muffins	Mini Muffins	Mini Muffins	Mini Muffins
Breakfast	Sliced meat or	Sliced meat or	Sliced meat or	Sliced meat or	Sliced meat or	Sliced meat or	Sliced meat or
	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese
	Toast, Jams &	Toast, Jams &	Toast, Jams &	Toast, Jams &	Toast, Jams &	Toast, Jams &	Toast, Jams &
	Marmalade	Marmalade	Marmalade	Marmalade	Marmalade	Marmalade	Marmalade
	Assorted Breakfast	Assorted Breakfast	Assorted Breakfast	Assorted Breakfast	Assorted Breakfast	Assorted Breakfast	Assorted Breakfast
	Cereal Bar	Cereal Bar	Cereal Bar	Cereal Bar	Cereal Bar	Cereal Bar	Cereal Bar
	Fresh Fruits &	Fresh Fruits &	Fresh Fruits &	Fresh Fruits &	Fresh Fruits &	Fresh Fruits &	Fresh Fruits &
	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar
	Tea, Coffee, Fruit cordials & Water	Tea, Coffee, Fruit cordials & Water					



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Beef Chilli con Carne, Steamed Rice & Corn	Lemon & Garlic Chicken, Sweet Potato & Cauliflower	Cumberland Sausages, Mashed Potato, Peas & Gravy	Breaded Chicken Goujons, Fries & Broccoli	Pranzo Pepperoni Pizza Slice, Potato Salad & Corn on the Cob		Choice of Meat, Fish & Vegetarian Filled Baguettes
Lunch	Mexi.Co Bean & Vegetable Bake, Rice & Corn	Cheese & Tomato Quiche, Sweet Potato & Cauliflower	Quorn Sausages, Mashed Potato, Peas & Gravy	Vegetarian 'Chicken' Nuggets, Fries & Broccoli	Pranzo Giardiniera Pizza, Potato Salad & Corn on the Cob	Packet of Tyrrells Crisps	Packet of Tyrrells Crisps
	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Snack Bar or Biscuit	Snack Bar or Biscuit
	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Fresh Fruit Pieces	Fresh Fruit Pieces
	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Bottled Water	Bottled Water
	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water		



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Tomato & Pepper Chicken, Herby Potatoes & Green Beans	Pork, Steamed	Beef Lasagne, New Potatoes & Roquette & Tomato Salad	Steamed Rice,	Battered Fish, Chunky Chips & Peas or Mushy Peas	Piri Piri Chicken Burger, Fries and Slaw	Beef or Chicken Pie, Roast Potatoes, Carrots, Peas & Gravy
Dinner	Cannelloni, Herby	Rice & Corn on the	Lasgane, New	Vegetable and Lentil Curry, Steamed Rice, Bhaji & Nann	Vegan Pies, Chunky Chips, Peas or Mushy Peas & Gravy	Southern Fried Quorn Burger, Fries and Slaw	Garden Vegetable Pie, Roast Potatoes, Carrots, Peas & Gravy
	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar
	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls
	Sliced Fresh Fruit Chocolate Fudge Cake	Sliced Fresh Fruit Iced Ring Doughnuts	Sliced Fresh Fruit Strawberry Cheesecake	Sliced Fresh Fruit Chocolate Brownie	Sliced Fresh Fruit Fruit Crumble	Sliced Fresh Fruit Ice Cream	Sliced Fresh Fruit Caramel Shortbread
	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 2	Beef Meatballs, Rice & Pomodoro Sauce	Barbecue Chicken, New Potatoes & Carrots	Pulled Pork Subs, Sauté Potatoes & Green Beans	Cajun Chicken, Spicy Rice & Corn on the Cob.	Pranzo Ham & Mushroom Pizza, Potato Wedges & Coleslaw	Choice of Meat, Fish & Vegetarian Filled Baguettes	Choice of Meat, Fish & Vegetarian Filled Baguettes
Lunch	Vegetarian Meatballs, Rice & Pomodoro Sauce	Cauliflower Cheese, New Potatoes & Carrots	Vegetarian 'Hotdog', Sauté Potatoes & Green Beans	Mixed Fajita Vegetable Tortilla, Spicy Rice & Corn on the Cob	Pranzo Margarita Pizza, Potato Wedges & Coleslaw	Packet of Tyrrells Crisps	Packet of Tyrrells Crisps
	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Snack Bar or Biscuit	Snack Bar or Biscuit
	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Fresh Fruit Pieces	Fresh Fruit Pieces
	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Bottled Water	Bottled Water
	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water		



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 2	Roasted Chicken, Mushroom Sauce, Sauté Potatoes & Green Beans	Beef Chilli Burrito, Potato Wedges & Sweetcorn	Lemon & Herb Chicken, Sweet Potato & Piri Piri Slaw	Beef Bolognese, Pasta, Garlic Bread, Spinach and Roquette Salad	Battered Fish, Chunky Chips & Peas or Mushy Peas	Beefburger, French Fries, Onion Rings & Coleslaw	-
Dinner	Mediterranean Vegetable & Quorn Casserole, Sauté & Green Beans		Southern Fried Quorn Escalope, Sweet Potato & Piri Piri Slaw	Vegetarian 'Ragu', Pasta, Garlic Bread, Spinach and Roquette Salad	Vegan Pies, Chunky Chips, Peas or Mushy Peas & Gravy	French Fries,	Vegetable & Bulgar Wheat Roast, Potatoes, Carrots & Cabbage
	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar
	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls
	Sliced Fresh Fruit Chocolate Fudge Cake	Sliced Fresh Fruit Iced Ring Doughnuts	Sliced Fresh Fruit Strawberry Cheesecake	Sliced Fresh Fruit Chocolate Brownie	Sliced Fresh Fruit Fruit Crumble	Sliced Fresh Fruit Ice Cream	Sliced Fresh Fruit Caramel Shortbread
	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water