

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Breakfast							
Cereals	Cornflakes or Weetabix served with Fresh Milk	Cornflakes or Weetabix served with Fresh Milk	Cornflakes or Weetabix served with Fresh Milk	Cornflakes or Weetabix served with Fresh Milk	Cornflakes or Weetabix served with Fresh Milk	Cornflakes or Weetabix served with Fresh Milk	Cornflakes or Weetabix served with Fresh Milk
Breads	Toast - white or brown	Toast - white or brown	Toast - white or brown	Toast - white or brown	Toast - white or brown	Toast - white or brown	Toast - white or brown
Chilled Beverages	Selection of Squash and chilled water	Selection of Squash and chilled water	Selection of Squash and chilled water	Selection of Squash and chilled water	Selection of Squash and chilled water	Selection of Squash and chilled water	Selection of Squash and chilled water
Hot Beverages	Freshly Brewed Tea & Coffee	Freshly Brewed Tea & Coffee	Freshly Brewed Tea & Coffee	Freshly Brewed Tea & Coffee	Freshly Brewed Tea & Coffee	Freshly Brewed Tea & Coffee	Freshly Brewed Tea & Coffee
Hot Breakfast	Smoked Back Bacon & Boiled Egg & Sausage		Smoked Back Bacon & Boiled Egg & Sausage		Smoked Back Bacon & Boiled Egg & Sausage		
Yogurts		Assorted yogurts		Assorted yogurts		Assorted yogurts	
Pastries						Pain Au Chocolate	Pain Au Chocolate
Friut	Apple		Satsumas		Bananas		

Dietaries will be catered for ie

- Gluten Free
- Lactose Free
- Vegan

Lunch Week 1

[illegible]

Dinner Week 1

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<i>Main Course</i>	<i>Chicken Chow Mein (Egg Noodles)</i>	<i>Classic Beef Pie</i>	<i>Loaded Beef Burger</i>	<i>BBQ Chicken</i>	<i>Mexican Style Beef Burritos</i>	<i>Sausage & Mash</i>	<i>Roast chicken leg with gravy</i>
<i>Vegetarian Option</i>	<i>Vegetable Chow Mein (Rice Noodles)</i>	<i>Country Vegetable Bake VG</i>	<i>Loaded Veggie Burger</i>	<i>BBQ Meatless Balls</i>	<i>Vegetable & Lentil Tacos VG</i>	<i>Vegetarian Sausage & Mash VG</i>	<i>Roasted Stuffed Peppers VG</i>
<i>Accompaniments</i>	<i>Prawn Crackers</i>	<i>New Potatoes</i>	<i>Skin on Fries</i>	<i>Potato wedges</i>	<i>Savoury Rice</i>	<i>Onion Gravy</i>	<i>Roast New potatoes</i>
<i>Vegetables</i>	<i>Oriental Vegetables</i>	<i>Green beans</i>	<i>Sweetcorn</i>	<i>Glazed Carrots</i>	<i>Charred corn on the cob</i>	<i>Peas & Carrots</i>	<i>Saute Cabbage</i>
<i>Salad bar</i>	<i>Lettuce, Tomato & Cucumber</i>	<i>Lettuce, Tomato & Cucumber</i>	<i>Lettuce, Tomato & Cucumber</i>	<i>Lettuce, Tomato & Cucumber</i>	<i>Lettuce, Tomato & Cucumber</i>	<i>Lettuce, Tomato & Cucumber</i>	<i>Lettuce, Tomato & Cucumber</i>
<i>Sides</i>	<i>Variety of Dressings</i>	<i>Variety of Dressings</i>	<i>Variety of Dressings</i>	<i>Variety of Dressings</i>	<i>Variety of Dressings</i>	<i>Variety of Dressings</i>	<i>Variety of Dressings</i>
<i>Dessert</i>	<i>Fruit Bowl, Chocolate Mousse, Carrot Cake</i>	<i>Fruit Bowl, Strawberry Mousse, Chocolate Eclairs</i>	<i>Fruit Bowl, Chocolate Mousse, Carrot Cake</i>	<i>Fruit Bowl, Strawberry Mousse, Chocolate Eclairs</i>	<i>Fruit Bowl, Chocolate Mousse, Carrot Cake</i>	<i>Fruit Bowl, Strawberry Mousse, Chocolate Eclairs</i>	<i>Fruit Bowl, Chocolate Mousse, Carrot Cake</i>
<i>Drinks</i>	<i>Selection of Squash and chilled water</i>	<i>Selection of Squash and chilled water</i>	<i>Selection of Squash and chilled water</i>	<i>Selection of Squash and chilled water</i>	<i>Selection of Squash and chilled water</i>	<i>Selection of Squash and chilled water</i>	<i>Selection of Squash and chilled water</i>

Lunch- Week 2

[illegible]

Dinner Week 2

[illegible]

Packed breakfast

Pain au Chocolate

Banana - Small

Still water 300ml

Orange juice Carton

Packed lunch

Menu 1	Menu 2	Menu 3	Menu 4
Simply Cheese Sandwich	SImply Ham Sandwich	Simply Chicken Sandwich	Simply Tuna Sandwich
Still Water 300ml Sports cap	Still Water 300ml Sports cap	Still Water 300ml Sports cap	Still Water 300ml Sports cap
Fruit	Fruit	Fruit	Fruit
Seabrooks Ready salted	Seabrooks Ready salted	Seabrooks Ready salted	Seabrooks Ready salted
Mini Biscuit Pack	Mini Biscuit Pack	Mini Biscuit Pack	Mini Biscuit Pack