

Week 1 Lunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup</b>	Carrot and coriander soup Freshly baked bread, Parmesan cheese straws, Croutons, Nut free-pesto dressing	Chicken and sweetcorn noodle Soup freshly baked bread, Parmesan cheese straws, Croutons, Nut free-pesto dressing	Tomato and basil soup Freshly baked bread, Parmesan cheese straws, croutons nut- free pesto dressing	Cream of Broccoli soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free - pesto dressing	Sweet potato and chilli soup Freshly baked bread, Parmesan cheese straws, Croutons and nut-free pesto dressing	Celeriac and apple soup Freshly baked bread, Parmesan cheese straws, Croutons, nut- free pesto	Cream of vegetable soup Freshly Baked Bread, Parmesan Cheese Straws, Croutons and Nut Free Pesto
<b>Main 1</b>	Sweet and Sour pork, prawn crackers, soy sauce, toasted sesame seeds	Spaghetti Bolognese, Garlic Bread	Roast Turkey, stuffing balls, cranberry sauce, turkey jus	Shepherds pie topped with fresh herb Cheesy potato mash	Battered Fish, tartar sauce	Chicken supreme wrapped in smoked bacon, served with Wild mushroom sauce	Tortellini ricotta In a Bacon and Tomato Sauce
<b>Vegetarian Option</b>	Soya bean and Summer Vegetable Risotto	Potato gnocchi, served with Mushroom and basil tomato Sauce	Vegan Shepherdess pie	Summer vegetable and soya bean hotpot	Cherry tomato, red onion and Mozzarella cheese open tart	Butter bean and roasted Vegetable cassoulet	Asian vegetable Stir Fry with chilli sauce
<b>Jacket Potatoes &amp; Sweet Potatoes Station</b>	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes
<b>Pasta &amp; Rice Toppers Bar</b>	Penna pasta, tomato & olive Sauce with Parmesan cheese Chopped herbs, nut- free Pesto	Buttered Spaghetti basil and tomato sauce	Penne pasta Peperonata sauce fresh herbs and nut - free Pesto	Penne pasta cheese sauce Parmesan cheese, fresh herbs and nut-free Pesto	Beef curry and rice, mango Chutney, chopped coriander	Penne pasta pepperoni Sauce, with Parmesan cheese fresh herbs & nut-free pesto dressing	Penne pasta 3 Cheese sauce with herbs & nut-free dressing
<b>Potatoes or Sides</b>	Stir - fry noodles	Garlic bread	Roast potatoes	N/A	Fries	Roasted new potatoes	Cheesy Garlic Bread
<b>Vegetables</b>	Wilted Greens, sugar snaps Peas. baby sweetcorn	Sautéed Mediterranean Vegetable	Cauliflower and Broccoli Cheese Carrots, Peas	Savoy cabbage and cauliflower	Peas and baked beans	Steamed green beans & Sautéed red onion	Cauliflower, carrots, peas
<b>Special Diets</b>	GF DF Sweet And Sour Pork	GF DF Pasta Bolognese bake	G/F D/F Roast Turkey	GF/DF Shepherds pie topped with fresh herb potato mash	GF/DF Battered Fish	GF/DF chicken supreme Served with & smoked bacon Sauce	GF/DF Pasta with bacon and tomato sauce
<b>Desserts</b>	Pear and blackberry yoghurt Pots, various toppings	Jam tarts and Custard	Toffee and banana Cake	Lemon Cake and Cream	Rice Pudding and Jam Sauce	Sticky toffee pudding and Custard	Fruit tarts and cream

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<b>Main 1</b>	Homemade Steak and Mushroom Pie	Crispy Chicken Katsu Curry	Dirty Hotdog topped with sauté Onions selection of sauces	Chicken korma served with Poppadoms, Naan Bread, Sambals & toasted coconut	Thai ginger beef stir fry	Beef burger, burger bun onion rings with sauces	Toad In the hole with onion Gravy
<b>Vegetarian Option</b>	Sweet potato gumbo	Crispy tofu katsu curry	Quorn hotdog topped with sautéed onions	Crispy tofu & vegetable curry	Braised Asian, tempeh	Beetroot Burger, burger bun, onion rings with sauces	Vegetable goulash
<b>Jacket Potatoes &amp; Sweet Potatoes Station</b>	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes
<b>Pasta, Rice &amp; Noodles, Toppers Bar</b>	Tomato and olive pasta sauce Parmesan cheese, fresh herbs and nut Free Pesto	Chicken noodles with black bean sauce, soy sauce toasted Sesame seeds	Peperonata pasta sauce Parmesan cheese, fresh herbs and nut free pesto	Pomodoro pasta sauce Parmesan cheese, fresh herbs and nut free pesto	Beef curry, rice, mango Chutney, & raita dip	Pepperoni Sauce, with Parmesan cheese fresh herbs & nut-free pesto dressing	3 Cheese sauce, parmesan Cheese fresh herbs & nut- free pesto dressing
<b>Sides</b>	Roasted new potatoes, with Smoked paprika	Braised basmati rice	Cheesy Skinny fries	Mushroom Pilaf Rice	Steamed noodles	Thick cut chips	Rosemary new potatoes
<b>Vegetables</b>	Peas and Sweetcorn	French green beans, sugar Snap peas, roasted carrots	Boston beans	Green beans & spinach	Steamed broccoli and baby Corn	Baked beans /Coleslaw & mixed salad	Leeks and peas
<b>Special Diets</b>	GF/DF BBQ grilled chicken	GF/DF Plain Katsu Chicken	GF/DF Sausage and sautéed Onions	GF/DF Chicken Curry	GF/DF Beef stir fry	GF/DF Chicken burger	GF/DF Toad in the hole, with Onion Gravy
<b>Desserts</b>	Chocolate Mousse	Bakewell tart and cream	Baked Vanilla cheesecake and Cream	Crème Brulee	Fresh Fruit Salad & Cream	St Clements Cake	Chocolate Ring Doughnuts

Week 2 Lunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup</b>	Tomato and Basil soup Freshly Baked Bread, Parmesan cheese straws, Croutons and nut free pesto	Cream of mushroom soup Freshly baked bread, Parmesan, cheese straws, Croutons and nut free pesto	French onion soup freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Summer vegetable and butterbean Soup, freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Minestrone soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Broccoli and Stilton Soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Tomato and ginger soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto
<b>Main 1</b>	Beef lasagne with garlic bread	Chicken Curry Poppadoms, Sambals and naan bread	Roast gammon ham chilli Glazed sauce	Homemade chicken and leek pie, Gravy	Scampi with tartar sauce Lemon	Spanish chicken and chorizo Bake	Turkey Escalope with Herb Salsa
<b>Vegetarian Option</b>	Stuffed courgettes with Chickpea and mushroom crumb, Tomato fondue	Vegetable and bean chilli bake	Roasted summer vegetable and Butterbean stew	Braised spring vegetable Tempeh, Provencal	Baked avocado, cherry tomato, Fresh thyme and basil, flatbread	Crispy tofu with ratatouille Sauce	BBQ Quorn Fillet
<b>Jacket Potatoes &amp; Sweet Potatoes Station</b>	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes	Plain Baked, Cajun baked Potato's and baked sweet Potatoes
<b>Pasta, Rice &amp; Noodles, Toppers Bar</b>	Sweet and Sour vegetables Noodles, soy sauce, toasted Sesame seeds	Pesto chicken pasta or tomato and herb pasta, Parmesan cheese fresh herbs and nut free pesto	Peperonata pasta sauce, Parmesan cheese, fresh herbs and nut free pesto	Salami, tomato and green olive pasta sauce, Parmesan cheese fresh herbs and nut free pesto	Lentil and chickpea dahl curry and plain rice Mango Chutney, Coriander and Raita	Sausage and red pepper sauce Parmesan cheese, fresh herbs and nut free pesto	Peperonata Sauce and Pasta
<b>Sides</b>	Ciabatta homemade garlic bread	Indian rice	Roast potatoes	Creamy mash potato	Skinny chips	Patatas bravas	Sautee potatoes
<b>Vegetables</b>	Ratatouille	Sautéed kale and sliced red Onion	Cauliflower and leeks	Sliced carrots and broccoli	Mushy peas and baked beans	Courgette and baby corn	Cauliflower, roasted carrots, Peas
<b>Special Diets</b>	GF/DF Italian chicken breast	GF/DF lamb curry & rice	GF/DF Roast gammon ham chilli glazed sauce	G/F D/F Chicken & leek hotpot	G/F D/F Oven Baked fillet of Haddock	GF/DF Spanish chicken and Chorizo bake	GF/DF Turkey Steak with Herb Salsa
<b>Desserts</b>	Apple and Fruits of the forest Crumble and custard	Summer Pudding and Chantilly Cream	Chocolate fudge Cake	Raspberry crumble cake with Custard	Pear & Sultana Strudel and Custard	Iced Banana and Chocolate Chip Sponge with Custard	Raspberry Fruit Jelly Pots

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<b>Soup</b>	Tomato and Basil soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Cream of mushroom soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	French onion soup freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Summer vegetable and butterbean Soup freshly baked bread, Parmesan Cheese Straws, Croutons & nut free pesto	Minestrone soup Freshly baked bread, Parmesan cheese straws, Croutons & nut free pesto	Broccoli and Stilton Soup Freshly baked bread, Parmesan cheese straws, Croutons & nut free pesto	Tomato and ginger soup Freshly baked bread, Parmesan cheese straws, Croutons & nut free pesto
<b>Main 1</b>	Homemade chicken and vegetable Pie	Beef meatballs in a rich Tomato sauce, with Penne Pasta	Stoned baked pizza with Peperoni Or Hawaiian topping	Char sui Chinese BBQ Chicken Breast	Macaroni meat feast pasta, with Melted mozzarella	Dirty Hot dogs fried onions, burger relish, green salad	Chicken thigh casserole
<b>Vegetarian Option</b>	Falafel, sautéed peppers, sliced onions, Khobez Bread	Cauliflower and chickpea taco, Mango salsa	Stoned baked vegetarian pizza	Asian vegetable stir fry	Macaroni cheese	Quorn sausage hot dog fried onions, burger relish, green salad	Summer vegetable Casserole
<b>Jacket Potatoes &amp; Sweet Potatoes Station</b>	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes
<b>Pasta &amp; Rice Toppers Bar</b>	Sweet and Sour vegetables noodles, soy sauce, toasted sesame seeds	Pesto chicken pasta sauce Parmesan cheese fresh Herbs Nut free pesto	Tomato ratatouille pasta sauce Parmesan cheese fresh herbs Nut free pesto	Salami and olive pasta sauce Parmesan cheese fresh herbs and nut free pesto	Chicken Curry and rice with Mango chutney chopped Coriander	Sausage and red pepper sauce and Pasta	Peperonata sauce and Pasta
<b>Sides</b>	New Potatoes with lemon rosemary oil	Hassell back Potatoes	Oven baked spiced wedges potatoes	Steamed noodles	Lyonnaise potatoes	Skinny Chips	Mash Potato
<b>Vegetables</b>	Green vegetable medley	Roasted courgettes and Peppers	Corn on the cob and Broccoli	Wilted greens and roasted Carrots	Peas and Sweetcorn	Beans and peas	Steamed broccoli and carrots
<b>Special Diets</b>	G/F D/F Chicken and vegetable casserole	G/F D/F Meatballs gluten free pasta	G/F D/F Grilled fillet of chicken Marinated in lemon & thyme	G/F D/F Grilled fillet of chicken marinated With garlic & oregano, wilted Pak Choi	G/F D/F Pasta with Meat feast sauce	G/F D/F Dirty Hot dogs fried onions, burger relish, green salad	G/F D/F Chicken thigh casserole
<b>Desserts</b>	Strawberry Tart with pouring Cream	Raspberry ripple sponge cake	Vanilla Pancetta and shortbread Biscuit	Mocha cheesecake pots	Fresh Fruit Salad with Pouring Cream	Treacle tart and Pouring Cream	Glazed Ring Doughnuts

Week 3 Lunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup</b>	Leek and potato soup Freshly baked bread, Parmesan cheese straws, Croutons & nut free pesto	Summer Vegetable and Butterbean soup Freshly baked bread, Parmesan cheese straws, Croutons & nut free pesto	Cream Of mushroom soup Freshly baked bread, Parmesan cheese straws, croutons and nut free pesto	Tomato and basil soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Spinach and potato soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Cauliflower and roasted garlic Soup Freshly baked bread, Parmesan, cheese straws, Croutons and nut free pesto	Carrot and Ginger Soup Freshly baked bread, Parmesan, cheese straws, Croutons and nut free pesto
<b>Main 1</b>	Grilled Cajan chicken breast, Sweet peppers, sour cream, and Salsa	Dingley Dell pork sausage, with Onion gravy	Roast Topside Of Beef, Yorkshire Pudding, Horseradish, English Mustard. Gravy	Chicken and leek Pie	Breaded Plaice fillets, tartar Sauce, lemon	Crispy Sticky Mongolian beef	Meatballs in a rich tomato sauce with rice
<b>Vegetarian Option</b>	Chickpea Biryani	Tempeh Mexican casserole,	Pearl barley, Spring vegetable Risotto	Sweet potato and leek gratin	Stuffed butternut squash with quinoa	Pan fried Tofu stir fry	Macaroni cheese
<b>Jacket Potatoes &amp; Sweet Potatoes Station</b>	Plain baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes
<b>Pasta, Rice &amp; Noodle, Toppers Bar</b>	Spaghetti Bolognaise, Parmesan cheese, fresh herbs & nut free pesto	Tomato Ratatouille pasta, Parmesan cheese fresh herbs & nut free Pesto	Chicken Ragout, pasta, Parmesan cheese, fresh herbs & nut free Pesto	Mushroom cream sauce pasta Parmesan cheese fresh herbs, Nut free pesto	Tomato and Roasted red pepper sauce pasta Parmesan cheese fresh herbs, Nut free pesto	Meat feast, pasta bake Parmesan cheese, fresh herbs and nut free pesto	Tomato and Herb sauce, pasta Parmesan cheese, fresh herbs and nut free pesto
<b>Sides</b>	Pilaf Rice	Champ potato	Roast potatoes	Roasted new potatoes	Thick cut Chips	Coriander noodles	Garlic Bread
<b>Vegetables</b>	Steamed broccoli and sautéed red Peppers	Peas and sweetcorn	Sautéed kale and roasted carrots	Savoy cabbage and broccoli	Peas and baked beans	Sautéed courgettes and sliced Peppers	Panache of Green Vegetables
<b>Special Diets</b>	G/F D/F Grilled Cajon chicken breast, Sweet peppers & salsa	G/F D/F Sausage with onion gravy	G/F D/F Roast Topside Of Beef, Pudding, Horseradish, English Mustard. Gravy	G/F D/F BBQ grilled chicken	G/F D/F Oven Baked Haddock with lemon & Parsley Sauce.	G/F D/F Crispy Sticky Beef with sweet chilli sauce	G/F D/F Meatballs gluten free pasta
<b>Desserts</b>	Greek Yoghurt with Peach and Raspberry coils	Pancakes and Toppings	Chocolate Tart and Chantilly Cream	Apple Pie and Custard	Raspberry Swiss Roll pouring cream	Bread Pudding & Custard	Sugar Ring Doughnuts

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<b>Soup</b>	Leek and potato soup Freshly baked bread, Parmesan, cheese straws, Croutons & nut free pesto	Summer Vegetable and Butterbean soup Freshly baked bread, Parmesan cheese straws, Croutons & nut free pesto	Cream Of mushroom soup Freshly baked bread, Parmesan cheese straws, croutons and nut free pesto	Tomato and basil soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Spinach and potato soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto	Cauliflower and roasted garlic Soup Freshly baked bread, Parmesan, cheese straws, Croutons and nut free pesto	Carrot and ginger soup Freshly baked bread, Parmesan cheese straws, Croutons and nut free pesto
<b>Main 1</b>	Wellington beef burger with cheese, sliced tomato, selection of sauces	Homemade steak pie	Crispy chicken katsu curry	Mexican beef fajitas, tortilla Chips, guacamole. salsa	Tortellini Ricotta, with a bacon and tomato sauce	Chicken burger, with beef tomato, gem lettuce, and sauces	BBQ chicken breast
<b>Vegetarian Option</b>	Vegetable kebab	Filled aubergine with ratatouille vegetables	Crispy tofu katsu	Vegetable samosa, roasted Sweet potato, raita dipping sauce	Cajun Vegetable Quesadillas	Vegetarian burger with beef tomato, gem lettuce and sauces	Gnocchi In Mushroom Sauce, Parmesan cheese
<b>Jacket Potatoes &amp; Sweet Potatoes Station</b>	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes	Plain Baked, Cajun baked Potato's & baked sweet Potatoes
<b>Pasta, Rice &amp; Noodle, Toppers Bar</b>	Spaghetti Bolognese with Parmesan cheese fresh Herbs and nut free pesto	Tomato ratatouille or creamy Pesto sauce, Parmesan cheese, fresh herbs and Nut free pesto	Chicken ragout, with Parmesan cheese, fresh herbs and nut free pesto	Mushroom cream sauce Parmesan cheese, fresh herbs and nut free pesto	Tomato and Roasted red pepper sauce pasta Parmesan cheese fresh herbs, Nut free pesto	Thick cut Chips	Tomato and Herb parmesan cheese fresh herbs, Nut free pesto
<b>Sides</b>	Skinny fries	Thyme and garlic roasted new Potato's	Steamed basmati rice	Sauté potatoes	Oregano Parmenter potatoes	Salad & Coleslaw	Sauté Potato
<b>Vegetables</b>	Onion rings and baked beans, corn on the cob	Braised red cabbage and Green Beans	Wilted Spring greens and Baby corn	Sweetcorn and Red Pepper	Green beans, peas, sautéed red Onion	Corn on the Cob, Boston beans,	Garden peas and sugar snap peas
<b>Special Diets</b>	G/F D/F Wellington house beef burger, sliced tomato, cos lettuce, pickled gherkin	G/F D/F Steak & mushroom casserole	G/F D/F Plain Katsu Chicken	G/F D/F Mexican beef fajitas, tortilla chips, guacamole. mild salsa	G/F D/F Pasta with Bacon & Tomato Sauce	G/F D/F Chicken burger, with Sides & sauces	G/F D/F BBQ Chicken Breast
<b>Desserts</b>	Strawberry Mousse	Chocolate Pots	Blueberry sponge cake and pouring cream	Rice Crispy Cakes	Fresh Fruit Salad	Chocolate and Caramel shortbread	Sugar Ring Doughnuts