

BREAKFAST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOT ITEMS	<u>French Toast Bar</u> Syrups Jams Spreads Toppings Bacon	<u>Waffle Bar</u> Fresh Fruit Toppings	Turkish Shakshuka Grilled Back Bacon Vegan sausage Mushrooms	<u>Breakfast Burrito</u> Spiced Mixed beans Sausages Scrambled Egg Peppers & Spinach Cheese Bacon	Grilled Sausages Vegan Sausages Baked Beans Sauté Potatoes Dippy Eggs & Toast	Continental Breakfast Cheese and Ham Fresh Breads	Pork Sausage Grilled Bacon Vegan Sausage Hash Brown Mushrooms Scrambled Eggs
DAILY SPECIAL						Selection of Pastries	
DAILY BREAKFAST ITEMS	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves
FRUIT	Fresh Fruit salad and Whole Fruits						
HYDRATION	Apple Juice, Orange Juice, Hydration Station and a choice of Teas and Coffees						

BREAKFAST

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOT ITEMS	Toasted Crumpets Cheese, Spreads, Marmite & Jams	<u>American Pancakes</u> Fresh Fruits & Toppings	<u>English Muffins</u> Sausages Patties Poached Eggs Smoked Salmon Spinach Cheese	<u>Bagel Bar</u> Smoked Salmon Cream Cheese Ham Cheses	<u>Smoothie Bowls</u>	Continental Breakfast Cheese and Ham Fresh Breads	Pork Sausage Grilled Bacon Vegan Sausage Hash Brown Mushrooms Scrambled Eggs
DAILY SPECIAL	<u>Omelettes</u> Cheese Ham & Cheese		Selection of Pastries				
DAILY BREAKFAST ITEMS	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves	Selection of Breakfast Cereals Yoghurt Station with purees and Toppings Toasting Station with bread, spreads & Preserves
FRUIT	Fresh Fruit salad and Whole Fruits						
HYDRATION	Apple Juice, Orange Juice, Hydration Station and a choice of Teas and Coffees						

LUNCH

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Packed Lunch
CLASSIC	Beef Bolognese	Chinese Chicken Curry	Grilled Gloucester Old Spot Sausages	Cottage Pie	Battered fish	Chicken & Ham Pasta	
NOURISH	Creamy Sweet Potato, Butter Bean Sauce	Lentil & Vegetable Ragu	Vegan Sausage & Onion Gravy	Plant based Spiced Squash & Potato Stew	Quorn Fishless Fingers	Tomato & Mozzarella Pasta Bake	
SIDES	Penne Garlic Bread Steamed Green Beans & Maple Carrots	Rice Stir Fry Vegetables Prawn Crackers	Creamy Mash Potato Roast Carrots Gravy	Mixed Greens Butter Herb New Potatoes	Chips Curry Sauce Peas Lemon Tartare Sauce	Peas & Sweetcorn	
JACKET/PASTA BAR	Jacket Baked Beans	Penne Pasta Arrabiatta Sauce	Penne Pasta Roasted Red Pepper & Tomato Sauce	Jacket Baked Beans	Penne Pasta Caponata Sauce	Jacket Baked Beans	
DESSERT	Sprinkle Sponge Cake	Salted Carmel Brownie	Victoria Sponge	Churros & Chocolate Sauce	Apple & Pear Crumble & Custard	Australian Crunch	
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS						
SALAD BAR	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Mixed Leaf Grated Carrot Cucumber Tomatoes	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Mixed Leaf Grated Carrot Cucumber Tomatoes	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Mixed Leaf Grated Carrot Cucumber Tomatoes	

LUNCH

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
SOUP	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special		
CLASSIC	Chicken Tikka Masala	Mac & Cheese with Bacon Bits	Honey Mustard Glazed Ham with Grilled Pineapple	Chicken Shawarma	Southern Fried Chicken Burger	Pork & Mushroom Ragu Penne Pasta	Packed Lunch	
NOURISH	Creamy Chickpea, Mushroom, spinach & Coconut Curry	Vegetable & Pulse Lasagne	Vegetable & Pulse Wellington	Sweet Potato Falafel	Homemade Veggie Burger	Creamy Pesto Gnocchi		
SIDES	Pilau Rice Poppadum's Cabbage Foogath	Potato Wedges Roasted Carrots & Peas	Yorkshire Puddings Roast Potatoes Mixed Greens	Pitta Couscous Cumin & Honey Carrots, Pickles Tzatziki	Chips, Shredded Lettuce, Cucumber, Tomato, Sliced Gherkins Corn On the Cob	Ceasar Salad Peas & Sweetcorn		
JACKET/PASTA BAR	Penne Pasta Hidden Vegetable Tomato Sauce	Jackets Baked Beans	Penne Pasta Marinara	Jacket Baked Beans	Penne Pasta Arrabbiata	Jacket Baked Beans		
DESSERT	Coconut Rice Pudding Mango Puree	Sticky Toffee Pudding	Warm Chocolate Brownie & Cream	Peach & Raspberry Crumble & Custard	Marble Cake	Tiffin		
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS							
SALAD BAR	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Mixed Leaf Grated Carrot Cucumber Tomatoes	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Mixed Leaf Grated Carrot Cucumber Tomatoes	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Mixed Leaf Grated Carrot Cucumber Tomatoes		

SUPPER

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLASSIC	Grilled Turkey with Chimichurri	<u>Taco Tuesday</u> Tacos Al pastor Pork	Katsu Chicken Curry	Meat Ball Marinara	Lamb Koftas	Pizza Bar	Budda Bowls
NOURISH	Creamy Lentil, Chickpea & Potato Stew	Pulled Jack Fruit & Peppers	Katsu Vegetables & Tempeh	Bean, Lentil & Vegetable Balls	Vegetable, Spinach & Ricotta Cannelloni Bake	Pepperoni, Margherita & Chefs Choice	Salmon Fishcakes, Tofu, Rice, Vegetables, Sauces & Toppings
SALAD BAR	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	
SIDES	Paprika Wedges Chilli, Garlic Peas & Green Beans	Mix Beans, Rice & Slaw Taco's	Egg Fried Rice Bok Choi & Bean Sprouts	Pasta Peas & Sweetcorn	New Potatoes Steamed Hispi Cabbage & Carrots	Paprika Potato Wedges Slaw	
JACKET/PASTA BAR	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
DESSERT	Jam Roly-poly	Chocolate Bread & Butter Pudding	Ice Cream Bar	Eton Mess Pots	Fruit & Seed Baklava	Triple Chocolate Cheesecake Pot	Carrot Cake with Cream Cheese Icing
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS						

SUPPER

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLASSIC	Classic Beef Chilli	K.F.C Fried Chicken Night	Prawn & Fish Ramen	Classic Beef Lasagne	Sweet Chilli Chicken Drums & Thighs	Crispy Pork, Sweet & Sour	Roast Turkey
NOURISH	Mixed Bean & lentil Chilli	Bang Bang Cauliflower	Tempeh Ramen	Sweet Potato, spinach Pasta Bake	Spinach, Squash & Beetroot Barley Risotto	Tofu & Black Bean Sauce	Pumpkin & Butterbean Sausage Roll
SALAD BAR	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Salad of the Day Chopped Iceberg Cucumber Tomatoes Sweetcorn	Roasted Potatoes Yorkshire Pudding
SIDES	Mixed Vegetable Rice Steamed Broccoli & Green Beans	Fries Boston Baked Beans Corn on the cob	Noodles Soya Marinated Egg Beansprouts Edamame Broth	Garlic Bread Garden Peas & Carrots	Parmentier Pots Miso Cabbage Roasted chilli & Garlic Broccoli	Egg Fried Rice Prawn Crackers Stir fried Vegetables	Carrot & Swede Gravy
JACKET/PASTA BAR	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
DESSERT	Tiramisu	Steamed lemon Sponge	Smores Bar	Carrot Cake	Warm Chocolate Sponge	Bread & Butter Pudding	Chocolate Swiss Roll
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS						