Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1 & 2	Freshly Baked Breakfast Pastry Mini Muffins	Freshly Baked Breakfast Pastry Mini Muffins	Freshly Baked Breakfast Pastry Mini Muffins	Freshly Baked Breakfast Pastry Mini Muffins	Freshly Baked Breakfast Pastry Mini Muffins	Freshly Baked Breakfast Pastry Mini Muffins	Freshly Baked Breakfast Pastry Mini Muffins
Breakfast	Sliced meat or Cheese	Sliced meat or Cheese	Sliced meat or Cheese	Sliced meat or Cheese	Sliced meat or Cheese	Sliced meat or Cheese	Sliced meat or Cheese
	Toast, Jams & Marmalade	Toast, Jams & Marmalade	Toast, Jams & Marmalade	Toast, Jams & Marmalade	Toast, Jams & Marmalade	Toast, Jams & Marmalade	Toast, Jams & Marmalade
	Assorted Breakfast Cereal Bar	Assorted Breakfast Cereal Bar	Assorted Breakfast Cereal Bar	Assorted Breakfast Cereal Bar	Assorted Breakfast Cereal Bar	Assorted Breakfast Cereal Bar	Assorted Breakfast Cereal Bar
	Fresh Fruits & Yoghurt Bar	Fresh Fruits & Yoghurt Bar	Fresh Fruits & Yoghurt Bar	Fresh Fruits & Yoghurt Bar	Fresh Fruits & Yoghurt Bar	Fresh Fruits & Yoghurt Bar	Fresh Fruits & Yoghurt Bar
	Tea, Coffee, Fruit cordials & Water	Tea, Coffee, Fruit cordials & Water	Tea, Coffee, Fruit cordials & Water	Tea, Coffee, Fruit cordials & Water	Tea, Coffee, Fruit cordials & Water	Tea, Coffee, Fruit cordials & Water	Tea, Coffee, Fruit cordials & Water

Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Beef Chilli con Carne, Steamed Rice & Corn	Lemon & Garlic Chicken, Sweet Potato & Cauliflower	Cumberland Sausages, Mashed Potato, Peas & Gravy	Breaded Chicken Goujons, Fries & Broccoli	Pranzo Pepperoni Pizza Slice, Potato Salad & Corn on the Cob	Choice of Meat, Fish & Vegetarian Filled Baguettes	Choice of Meat, Fish & Vegetarian Filled Baguettes
Lunch	Mexi.Co Bean & Vegetable Bake, Rice & Corn	Cheese & Tomato Quiche, Sweet Potato & Cauliflower	Quorn Sausages, Mashed Potato, Peas & Gravy	Vegetarian 'Chicken' Nuggets, Fries & Broccoli	Pranzo Giardiniera Pizza, Potato Salad & Corn on the Cob	Packet of Tyrrells Crisps	Packet of Tyrrells Crisps
	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Snack Bar or Biscuit	Snack Bar or Biscuit
	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Fresh Fruit Pieces	Fresh Fruit Pieces
	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Bottled Water	Bottled Water
	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water		

Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Tomato & Pepper Chicken, Herby Potatoes & Green Beans	Jamaican Jerk Pork, Steamed Rice n Peas & Corn on the Cob	Beef Lasagne, New Potatoes & Roquette & Tomato Salad	Chicken Curry, Steamed Rice, Bhaji & Nann	Battered Fish, Chunky Chips & Peas or Mushy Peas	Piri Piri Chicken Burger, Fries and Slaw	Beef or Chicken Pie, Roast Potatoes, Carrots, Peas & Gravy
Dinner	Spinach & Ricotta Cannelloni, Herby Potatoes & Green Beans	Sweet Potato Bean Pepperpot Stew, Rice & Corn on the Cob	Vegetarian Lasgane, New Potatoes & Roquette & Tomato Salad	Vegetable and Lentil Curry, Steamed Rice, Bhaji & Nann	Vegan Pies, Chunky Chips, Peas or Mushy Peas & Gravy	Southern Fried Quorn Burger, Fries and Slaw	Garden Vegetable Pie, Roast Potatoes, Carrots, Peas & Gravy
	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar
	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls
	Sliced Fresh Fruit Chocolate Fudge Cake	Sliced Fresh Fruit Iced Ring Doughnuts	Sliced Fresh Fruit Strawberry Cheesecake	Sliced Fresh Fruit Chocolate Brownie	Sliced Fresh Fruit Fruit Crumble	Sliced Fresh Fruit Ice Cream	Sliced Fresh Fruit Caramel Shortbread
	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water

Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 2	Beef Meatballs, Rice & Pomodoro Sauce	Barbecue Chicken, New Potatoes & Carrots	Pulled Pork Subs, Sauté Potatoes & Green Beans	Cajun Chicken, Spicy Rice & Corn on the Cob.	Pranzo Ham & Mushroom Pizza, Potato Wedges & Coleslaw	Choice of Meat, Fish & Vegetarian Filled Baguettes	Choice of Meat, Fish & Vegetarian Filled Baguettes
Lunch	Vegetarian Meatballs, Rice & Pomodoro Sauce	Cauliflower Cheese, New Potatoes & Carrots	Vegetarian ‘Hotdog’, Sauté Potatoes & Green Beans	Mixed Fajita Vegetable Tortilla, Spicy Rice & Corn on the Cob	Pranzo Margarita Pizza, Potato Wedges & Coleslaw	Packet of Tyrrells Crisps	Packet of Tyrrells Crisps
	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Pranzo Pasta & Sauce Bar	Snack Bar or Biscuit	Snack Bar or Biscuit
	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Fresh Fruit Pieces	Fresh Fruit Pieces
	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Bottled Water	Bottled Water
	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water		

Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 2	Roasted Chicken, Mushroom Sauce, Sauté Potatoes & Green Beans	Beef Chilli Burrito, Potato Wedges & Sweetcorn	Lemon & Herb Chicken, Sweet Potato & Piri Piri Slaw	Beef Bolognese, Pasta, Garlic Bread, Spinach and Roquette Salad	Battered Fish, Chunky Chips & Peas or Mushy Peas	Beefburger, French Fries, Onion Rings & Coleslaw	Garlic & Thyme Roast Chicken, Potatoes, Carrots & Cabbage
Dinner	Mediterranean Vegetable & Quorn Casserole, Sauté & Green Beans	Vegetarian Chilli Bean Burrito, Potato Wedges & Sweetcorn	Southern Fried Quorn Escalope, Sweet Potato & Piri Piri Slaw	Vegetarian 'Ragu', Pasta, Garlic Bread, Spinach and Roquette Salad	Vegan Pies, Chunky Chips, Peas or Mushy Peas & Gravy	Spicy Bean Burger, French Fries, Onion Rings & Coleslaw	Vegetable & Bulgar Wheat Roast, Potatoes, Carrots & Cabbage
	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar	Humble Spud Jacket Potato Bar
	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls	Hungry Grocer Salad Bar, Dressings & Bread Rolls
	Sliced Fresh Fruit Chocolate Fudge Cake	Sliced Fresh Fruit Iced Ring Doughnuts	Sliced Fresh Fruit Strawberry Cheesecake	Sliced Fresh Fruit Chocolate Brownie	Sliced Fresh Fruit Fruit Crumble	Sliced Fresh Fruit Ice Cream	Sliced Fresh Fruit Caramel Shortbread
	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water	Oranka Fruit Cordials & Water