

## STRLING

## PREMIUM

Date		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Day		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
START	FINISH	Arrival & Check in	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:00	09:00								
11:00	11.15		Lesson	Lesson	Lesson	Lesson	Full Day Excursion to St Andrew - Glamis Castle Full Day Tour West Sands Beach, St Andrews Castle, St Andrews Cathedral, Market Street, St Andrews Museum and Glamis Castle	Full Day Excursion to Glasgow Full Day Walking Tour Nelson Mandela Place, George Square, Glasgow City Chambers, The Lighthouse, Tolbooth Steeple, Merchant City, Glasgow Cathedral and Provand's Lordship	Departure
09:00	12.30								
11:00	11.15		Break	Break	Break	Break			
11.15	13:00		Lesson	Lesson	Lesson	Lesson			
13:00	14:00		Lunch	Lunch	Lunch	Lunch			
14:00	16:00	Tour of the Campus	Optinal ADD ON Half Day in Edinburgh Charlotte Square, George Street, Princes Street	Lesson	Optinal ADD ON Half Day in Edinburgh Scottish National Gallery, Princes Street Gardens, Scott Monument and St Andrew Square  Audio Walking Tour provided with PLUS STAFF	Social Games and Sports including: Volleyball, Basketball, Rounders	Audio Walking Tour provided, private coach,	Audio Walking Tour provided, private coach,	
14:00	18:00								
18:00	19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
19:00	20:00	Relax and Shower Time	Relax and Shower Time	Relax and Shower Time	Relax and Shower Time	Relax and Shower Time	Relax and Shower Time	Relax and Shower Time	
20:0	22:00	Welcome Party	Scavenger Hunt	Film	Newspaper show	Graduation Ceremony	Film	Talent Show	
20:0	22:00	* Relaxing Time with Family	* Relaxing Time with Family	* Relaxing Time with Family	* Relaxing Time with Family	* Relaxing Time with Family	* Relaxing Time with Family	* Relaxing Time with Family	

## PLUS SUGGESTED PROGRAMME

**Local Excursions:**

Exploration & Task: This is focused specifically around the town centre and would allow the students some freedom, with the teacher(s) in the vicinity. Students are issued with a map of Chelmsford centre and an 'Exploration Task' sheet. They should then go to each point on the map provided and try to match the place with the corresponding paragraph in the task sheet.

This is a reading task which encourages them to orientate themselves with the site and read and match the descriptions to what they can see. This is also complemented by class-time preparation to help with vocabulary etc where necessary. It can be made more fun/competitive by putting a time limit on it and giving prizes to the fastest/most correct answers, a bit like a 'scavenger hunt'.

**Local extra activities:**

The group can have lunch in the park on weekends and we can organise activities/games (depending on the time of the year so that is it not too cold). Students are able to use the center sports facilities subject to availability at the actual dates. Optional is visit to Spiceball Centre (swimming pool at extra cost) - extra may costs apply - see ADD ON for more information.

**Suggestions for local visits:**

Walking Tour will cover the following places: Travel cards can be purchased on location. The tour will be guided by our Plus teacher. The students will receive the 'Before Tour' and 'After Tour' questions which are designed to encourage the students to engage with the site and reflect on it. The students also have access to the PLUS Audio Guide, honing their listening skills as well as educating them about Chelmsford history and quirks!

**Notes:**

\* Extra cost check on **ADD ON**

We advise clients to check **PLUS ADD ON** suggestions to make the programme as close as to your personal

**Host family students**

\* If the students are staying with host families., in case we do have students on campus at the same time students may join evening activities. Travel Cards to and from the Centre are included weekly

All students are provided with a packed lunch during their stay by the host family. Hot meal maybe purchased at the College at extra cost please check price list on **ADD ON**